



# Learning **to Pray**



ADUNARE





## Learning to Pray



Learning to pray is something that brings joy to our lives, and it pleases God. One of the most important lessons we can ever learn is how to pray because:

- When we pray, God is *pleased.*
- When we pray, we know *peace.*
- When we pray, things *change.*





## Six Questions and Answers on Prayer

- What is prayer?  
*Speaking with our Father in heaven.*
- Why pray?  
*Jesus commanded us to pray.*
- When do we pray?  
*All the time but at special times each day.*
- Who should pray?  
*Everyone should pray.*
- Where should we pray?  
*A place that is quiet where we can be alone.*
- How do we pray?  
*We pray how Jesus taught us in the Bible.*





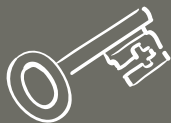
### *Matthew 6:5–15*

*“And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. Do not be like them, for your Father knows what you need before you ask him.*

*This, then, is how you should pray: ‘Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our sins, as we also have forgiven those who have sinned against us. And lead us not into temptation, but deliver us from the evil one.’”*



## Seven Keys in Learning to Pray



### 1. Our Father in heaven.

- We pray to God as a Father who loves and cares for us.
- Before we become believers, God is our Judge.
- After we become believers, God is our Father.
- When we speak with Him, it is as a small child speaks with a father who is good and kind.
- When we speak with Him, we accept He is in heaven and that He has all power.

*Answer the Questions: How is God our Father different than an earthly father? Why would a good father not answer our prayers?*



## 2. Hallowed be your name.

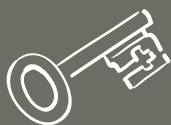


- When we speak with God, we tell Him that He is great.
- When we speak with God, we think of different ways we can say that we believe He is wonderful.
- When we speak with God, we are sometimes lost for words, and so we think and feel love towards him.

*Answer the Questions: What do you think you should say to God?*

*Do you think talking to God like this pleases Him?*

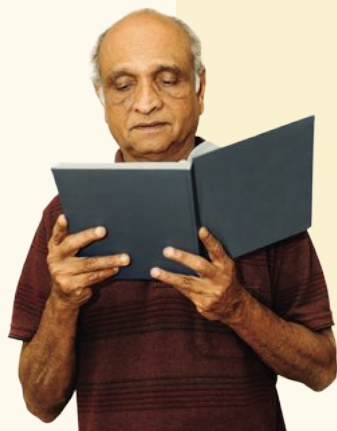




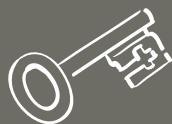
### 3. Your kingdom come, your will be done, on earth as it is in heaven.

- When we speak with God, we ask Him to make our hearts as they will be in heaven.
- When we speak with God, we ask Him to make our families as they will be in heaven.
- When we speak with God, we ask Him to make the world around us as it will be in heaven.

*Answer the Question: How do you think your heart, your family, and the world should be?*



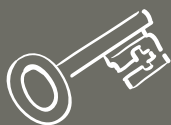
## 4. Give us today our daily bread.



- We ask God for specific things, not just bread.
- We pray for our needs.
- We pray for the needs of our friends and families.
- We pray for those who do not know Jesus.

*Answer the Question: What are some things you can pray for, for others and for yourself?*





## 5. And forgive us our sins, as we also have forgiven those who have sinned against us.

- We ask God to forgive us the sins that we have done.
- We ask God to forgive us the sins in our thoughts.
- We ask God to forgive us for the sins we have said.

*Answer the Question: What are some of the sins we should ask God to forgive us of?*

Because God forgives us when we do not deserve it, we need to forgive other people who have sinned against us.

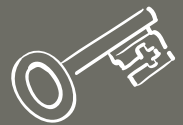
- We forgive people for saying bad things about us.
- We forgive people for doing things that have hurt us.

*Answer the Question: What are some of the ways we can forgive other people?*

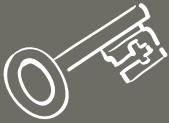
  
  

## 6. And lead us not into temptation.

- We ask God to give us strength to resist temptation.
- We ask God to give us power over sin.
- We ask God to give us mercy when we fail.



*Answer the Question: What are some of the ways that we are tempted to sin?*



## 7. But deliver us from the evil one.

- We ask God to protect us from evil spirits.
- We ask God to protect us from evil people.
- We ask God to protect us from our evil hearts.

*Answer the Question: What are some of the evil things we should ask God to protect us from?*





## Six Questions and Answers on Prayer



*What is prayer?*

*Why pray?*

*When do we pray?*

*Who should pray?*

*Where should we pray?*

*How do we pray?*





## 1. Our Father in heaven.

- We pray to God as a Father who   for us.
- Before we become believers, God is our .
- After we become believers, God is our .
- When we speak with Him, it is as a  speaks with a  who is good and kind.
- When we speak with Him, we accept He is in heaven and that He has .



## 2. Hallowed be your name.

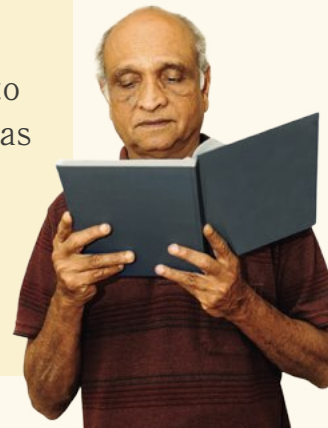


- When we speak with God, we tell Him that .
- When we speak with God, we think of different ways we can say that we believe .
- When we speak with God, we are sometimes lost for words and so we .

## 3. Your kingdom come, your will be done, on earth as it is in heaven.



- When we speak with God, we ask Him to make our  as they will be in heaven.
- When we speak with God, we ask Him to make our  as they will be in heaven.
- When we speak with God, we ask Him to make the  around us as it will be in heaven.





## 4. Give us today our daily bread.

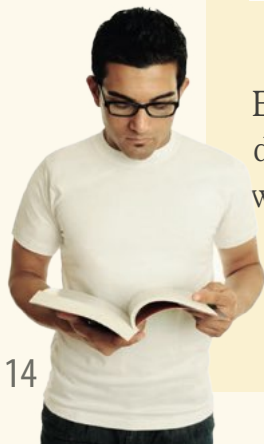
- We ask God for specific things not just .
- We pray for our .
- We pray for the needs of our  and families.
- We pray for those who  Jesus.



## 5. And forgive us our sins, as we also have forgiven those who have sinned against us.

- We ask God to  us the sins that we have done.
- We ask God to forgive us the sins in our .
- We ask God to forgive us for the sins we have .

Because God forgives us when we do not deserve it, we need to forgive other people who have sinned against us.



- We forgive people for [ ] bad things about us.
- We forgive people for doing things that have [ ].

## 6. And lead us not into temptation.

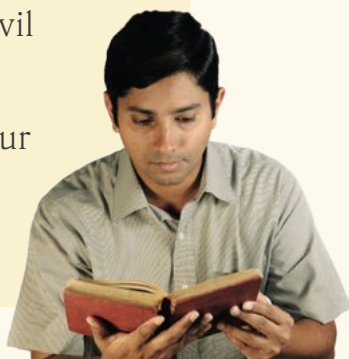


- We ask God to give us strength to [ ] temptation.
- We ask God to give us [ ] over sin.
- We ask God to give us [ ] when we fail.

## 7. But deliver us from the evil one.



- We ask God to protect us from evil [ ]
- We ask God to protect us from evil [ ]
- We ask God to protect us from our evil [ ]





## Something to Remember

*Prayer can change our hearts.*

*Prayer can change our homes.*

*Prayer can change our world.*





