

Diakonie 



**HERZ
WERK**

EDUCATION FOR INTEGRATION



SUMMARY

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- 3. SOCIAL SERVICES**
- 4. EDUCATION FOR INTEGRATION**
- 5. HOPE FOR THE FUTURE**
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Herzwerk
diakonische Initiative

Beheimgasse 1
1170 Wien

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www.herzwerk-wien.com

1. TARGET GROUP

Education for Integration is a program for African women seeking asylum in Austria.

The target groups are mainly victims of trafficking and refugees.

2. VISION

We want to support women in their efforts to be granted asylum in Austria. As an organization, we are unable to promise or guarantee that asylum status will be granted, however, we will assist them in any way we can to reach this goal!

Our approach is empowerment-based and we therefore expect a high measure of personal commitment and engagement from all participants in the program.

We view their decision to take part as a courageous step and a sign of strength, and truly believe that it is an investment in their future.

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3. SOCIAL SERVICES

INITIAL INTERVIEW:

The initial interview will help us gain an understanding of the person's current situation, as well as their "true" past history. The basis of our support is trust, and as we have a greater knowledge about their difficult and traumatic background, we encourage them to be honest and trust us with this confidential information.

BASIS REQUIREMENT:

Every program participant must join a German class, as the asylum office looks very positively on good German language capabilities. We try to find the most convenient school situation for them. For example, for participants with children, we look at schools that include childcare. We often also look

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for schools that can accommodate the needs of illiterate individuals. Additionally, the schools need to be at a low cost or free.

FINANCIAL SUPPORT:

Asylum-seekers are not allowed to work, making it extremely challenging for the women to be financially independent. Prostitution, however, is an option, as it is self-employed work, as the law says.

Therefore Herzwirk gives a monthly public transportation ticket and a small weekly stipend, which is adapted to the situation of each individual.

It is our goal to assist the individual in becoming more financially independent. This means that as soon as she is making her own income, we stop the financial support. Most of the women have multiple sources of support and are able to survive, because of this. Besides the commissioned institutions in the government, Herzwirk is the only organization that gives basic financial support, making it unique in its services to other similar NGOs.

PSYCHO-SOCIAL COUNSELING:

Next to their social worker, each participant has 1-on-1 meetings with an appointed counselor every two weeks, or every week during seasons of crisis. This gives them the opportunity to talk and process through private issues and be strengthened in their personal life.

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4. EDUCATION FOR INTEGRATION

EMPOWERMENT THROUGH KNOWLEDGE,
UNDERSTANDING AND EXPERIENCE

-
KNOWLEDGE IS POWER

The training is every Monday from 18.00 to 19.00.
Childcare/babysitting is provided.

We want to cover different areas:

- Empowerment
- Health
- Austria
- Politics
- General knowledge

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1ST SESSION: DISCOVER YOUR RESOURCES!

- We talk about what you have already achieved
- We split up into small groups and specifically talk about your resources
- You will get a list of questions that you can ask yourselves from time to time in order to build up your self-esteem

2ND & 3RD SESSIONS: HIV-PREVENTION

This session will be in two parts and is given by professionals

4TH SESSION: HEALTH

General health issues as nourishment, activities, sleeping habits and so on

5TH SESSION: AUSTRIA

- Get to know this country
- Different regions
- Provinces of Austria
- Politics

6TH SESSION: THE EU

- What is the European Union (EU) and what is important to know about it?
- Function and task

6TH & 7TH SESSIONS: STRESS, WORRY, ANXIETY

This is a two-part lecture given by a professional

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8TH SESSION: DOMESTIC VIOLENCE

- A sensitive approach to this topic with many practical steps for help.
- A video clip about different NGOs in Nigeria helping women out of domestic violence
- A short insight what the bible tells about the relationship between husband and wife. Jesus as someone who respects women contrary to the culture in those days.

9TH SESSION: DOMESTIC VIOLENCE/ DRAMA-TRIANGLE/ WAYS OUT

10TH SESSION: PARENTING

A family therapist gives insights in healthy and unhealthy parenting

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11TH SESSION: EXHIBITION OF “AKTION LEBEN” ABOUT PREGNANCY

12TH SESSION: CULTURE

- Developing cultural sensitivity
- Different cultures in Europe

13TH - 16TH SESSIONS: SET-TRAINING

SET = Self-Empowerment-Training

Gaining experience in the areas of:

- Self-awareness and self-worth
- Self-assertion and setting boundaries

17TH SESSION: SECOND WORLD WAR

Getting to know about the history of the Second World War in Europe

18TH SESSION: THE HISTORY OF NIGERIA

19TH - 21ST SESSIONS: FOLLOW-UP OF THE SET-TRAINING

Follow-ups are in the planning stage

1 Remark:

The chronology of the topics can change and also other topics can be added.

From time to time we will do an excursion to different places like the mountains or a museum

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5. HOPE FOR THE FUTURE

Herzwerk partners with “Hope for the Future”. What they offer will be especially interesting for asylum-seekers in the area of job coaching. The ones, who already have working papers, can find a job.

OBJECTIVES OF “HOPE FOR THE FUTURE”

The association “Hope for the Future” provides people in prostitution or victims of human trafficking with active opportunities for a fresh start.



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MAIN FOCUS AREAS OF THIS SERVICE ARE:

(1) PREPARATION FOR THE JOB MARKET

- Building work routines (in sheltered workplaces)
- Psychological support
- Self-empowerment training

(2) ASSISTANCE DURING THE JOB APPLICATION PROCESS

(3) EDUCATION:

Provision of job-related training, German language

6. CODE OF CONDUCT

VOLUNTARY PARTICIPATION ←

QUESTIONS ARE WELCOMED ←

RESPECT ONE ANOTHER ←

BE CONFIDENTIAL ←

HAVE FUN ←

MISTAKES ARE ALLOWED ←

HAVE FUN, BUT NOT AT SOMEONE'S ←

EXPENSE

Name – in printed capital letters:

Signature:

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The first round of the Education Training will end after six months. As we look forward, we are thinking about different follow-up opportunities. Three possible examples would be a continuation of the program, a mother-child group and an Alpha-Course. We will continue to offer different creative courses like dancing or handicraft work and will continue German conversation at our TreffPunkt (MeetingPoint).

CREATED AND DEVELOPED BY HERZWERK.

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